

The BANQUET

ALLERGY GUIDE

MENU ITEM



DAIRY FREE

EGG-FREE

GLUTEN-FREE

SESAME-FREE

SOY-FREE

FREE

FREE

FREE

PEANUT-FREE

SUBSTITUTION OPTIONS TO MAKE GLUTEN-FREE

APPETIZERS

BABY BANQUET SLIDERS	NO	NO	NO	YES	YES	NO	NO	YES	YES	TO MAKE GLUTEN FREE: SUB GF BUN
BATTERED CHEESE	NO	YES	NO	YES	YES	NO	YES	YES	YES	THIS ITEM CANNOT BE MADE GLUTEN FREE
BIG BANQUET TOWER	NO	YES	NO	NO	NO	NO	NO	YES	YES	THIS ITEM CANNOT BE MADE GLUTEN FREE
BQT BONELESS WINGS	YES	YES	YES	YES	YES	YES	YES	YES	YES	THIS ITEM IS GLUTEN FREE
BQT SMOKED & TRADITIONAL WINGS	YES	YES	YES	YES	YES	YES	YES	NO	YES	THIS ITEM IS GLUTEN FREE
BUFFALO MUSHROOM CHEESE BAKED SHRIMP	NO	YES	NO	YES	YES	NO	YES	YES	YES	TO MAKE GLUTEN FREE: REMOVE HOT SAUCE
GRATIN CHICKEN & VEGETABLE	NO	YES	NO	YES	YES	NO	YES	NO	YES	TO MAKE GLUTEN FREE: SUB GF BUN
RYOZA	NO	YES	NO	NO	NO	NO	YES	YES	YES	THIS ITEM CANNOT BE MADE GLUTEN FREE
CRISPY DEEP FRIED DILLS	NO	YES	NO	YES	YES	NO	NO	YES	YES	THIS ITEM CANNOT BE MADE GLUTEN FREE
THE DIVE BAR POUTINE	NO	YES	NO	YES	NO	NO	YES	YES	YES	THIS ITEM CANNOT BE MADE GLUTEN FREE
KFC SLIDERS	NO	NO	NO	YES	YES	NO	NO	YES	YES	THIS ITEM CANNOT BE MADE GLUTEN FREE
MEAT & CHEESE BOARD	NO	YES	NO	YES	YES	NO	NO	YES	YES	THIS ITEM CANNOT BE MADE GLUTEN FREE
MESQUITE PORK BELLY RITFS	YES	NO	NO	YES	NO	NO	NO	YES	YES	THIS ITEM CANNOT BE MADE GLUTEN FREE
SALMON SUSHI TACOS	NO	NO	NO	NO	NO	NO	YES	NO	YES	TO MAKE GLUTEN FREE: SUB LETTUCE WRAP
SWEET & SPICY LETTUCE WRAPS	NO	NO	NO	NO	NO	NO	NO	YES	YES	THIS ITEM CANNOT BE MADE GLUTEN FREE
TRASH CAN NACHOS	NO	YES	YES	YES	YES	NO	NO	YES	YES	THIS ITEM IS GLUTEN FREE
TUNA SUSHI TACOS	YES	NO	NO	NO	NO	NO	YES	NO	YES	TO MAKE GLUTEN FREE: SUB LETTUCE WRAP

* All fried products may contain one or all of the allergens identified in the Allergen Guide as fryer oil and the oven is a source of cross-contamination.

GREENS

HOUSE SALAD	YES	YES	YES	YES	YES	NO	NO	YES	YES	THIS ITEM IS GLUTEN FREE
MIXED BEETS SALAD	YES	YES	YES	NO	YES	NO	NO	YES	NO	THIS ITEM IS GLUTEN FREE
STRAIGHT UP CAESAR	NO	NO	NO	YES	YES	NO	YES	NO	YES	TO MAKE GLUTEN FREE: SUB GF BUN
SUNSHINE BOWL	YES	YES	YES	NO	YES	NO	NO	YES	NO	THIS ITEM IS GLUTEN FREE

* All fried products may contain one or all of the allergens identified in the Allergen Guide as fryer oil and the oven is a source of cross-contamination.

HANDHELDS

BAHN MI BURGER	NO	NO	NO	NO	NO	NO	YES	YES	NO	THIS ITEM CANNOT BE MADE GLUTEN FREE
BIG/MEGA BANQUET BURGER	NO	NO	NO	YES	NO	NO	NO	YES	YES	TO MAKE GLUTEN FREE: SUB GF BUN
KOREAN FRIED CHICKEN WRAP	NO	NO	NO	NO	NO	NO	NO	YES	NO	THIS ITEM CANNOT BE MADE GLUTEN FREE
MUSHROOM SWISS	NO	NO	NO	YES	NO	NO	NO	YES	YES	THIS ITEM CANNOT BE MADE GLUTEN FREE
STEAK SANDWICH	NO	NO	NO	NO	NO	NO	YES	YES	YES	TO MAKE GLUTEN FREE: SUB GF BUN, REMOVE DEMI
SMOKED BEEF DIP	NO	YES	NO	NO	NO	NO	NO	YES	YES	THIS ITEM CANNOT BE MADE GLUTEN FREE
3 & 3 CHICKEN SANDWICH	NO	NO	NO	NO	YES	NO	NO	YES	YES	TO MAKE GLUTEN FREE: USE GF FRYER, SUB GF BUN, REMOVE GOCHUJANG MAYO

* All fried products may contain one or all of the allergens identified in the Allergen Guide as fryer oil and the oven is a source of cross-contamination.

MAINS

BEER BATTER FISH & BUTTERMILK FRIED	NO	NO	NO	NO	YES	NO	YES	NO	YES	THIS ITEM CANNOT BE MADE GLUTEN FREE
CREAMY GRILLED	NO	NO	YES	YES	YES	NO	NO	YES	YES	THIS ITEM IS GLUTEN FREE
CHICKEN CARRONARA	NO	NO	NO	YES	YES	NO	YES	YES	YES	THIS ITEM CANNOT BE MADE GLUTEN FREE
LEMONGRASS CHICKEN	YES	NO	NO	NO	NO	NO	YES	YES	NO	THIS ITEM CANNOT BE MADE GLUTEN FREE
ROWI	NO	NO	NO	YES	YES	NO	YES	YES	YES	THIS ITEM CANNOT BE MADE GLUTEN FREE
PORK BELLY MAC & PEROGIE PLATTER	NO	YES	NO	YES	NO	NO	NO	YES	YES	THIS ITEM CANNOT BE MADE GLUTEN FREE
SALMON POKÉ BOWL	NO	NO	NO	NO	NO	NO	YES	NO	YES	TO MAKE GLUTEN FREE: REMOVE MISO SAUCE
10 OZ. PORKCHOP NEW YORK	NO	YES	NO	YES	YES	NO	YES	YES	YES	THIS ITEM CANNOT BE MADE GLUTEN FREE

* All fried products may contain one or all of the allergens identified in the Allergen Guide as fryer oil and the oven is a source of cross-contamination.

PIZZA

BBQ CHICKEN	NO	YES	NO	YES	YES	NO	NO	YES	YES	THIS ITEM CANNOT BE MADE GLUTEN FREE
THE CALIFORNIA	NO	YES	NO	YES	YES	NO	YES	YES	YES	TO MAKE GLUTEN FREE: SUB GF PIZZA CRUST
THE BIG SMOKE PIZZA	NO	YES	NO	YES	YES	NO	YES	YES	YES	TO MAKE GLUTEN FREE: SUB GF PIZZA CRUST
MARGHERITA	NO	YES	NO	YES	YES	NO	YES	YES	YES	TO MAKE GLUTEN FREE: SUB GF PIZZA CRUST
PEPPERONI &	NO	YES	NO	NO	YES	NO	YES	YES	YES	TO MAKE GLUTEN FREE: SUB GF PIZZA CRUST

* All fried products may contain one or all of the allergens identified in the Allergen Guide as fryer oil and the oven is a source of cross-contamination.

DRINKS

ACAI BREAKFAST BOWL	YES	YES	YES	YES	YES	NO	YES	YES	YES	THIS ITEM IS GLUTEN FREE
AVOCADO TOAST	YES	NO	NO	YES	YES	NO	YES	YES	YES	TO MAKE GLUTEN FREE: SUB GF BUN

The BANQUET

ALLERGY GUIDE

MENU ITEM



DAIRY FREE



EGG-FREE



GLUTEN-FREE



SESAME-FREE



SOY-FREE



FREE



MUSTARD



SEAFOOD-FREE



PEANUT-FREE



SUBSTITUTION OPTIONS TO MAKE
GLUTEN-FREE

BRUNCH

MENU ITEM	DAIRY FREE	EGG-FREE	GLUTEN-FREE	SESAME-FREE	SOY-FREE	FREE	MUSTARD	SEAFOOD-FREE	PEANUT-FREE	SUBSTITUTION OPTIONS TO MAKE GLUTEN-FREE
BREAKFAST SKILLET	NO	NO	YES	YES	YES	NO	YES	YES	YES	THIS ITEM IS GLUTEN FREE
CLASSIC BACON & EGGS	NO	NO	NO	YES	YES	NO	YES	YES	YES	TO MAKE GLUTEN FREE: SUB GF BUN
EGGS BENNY	NO	NO	NO	YES	YES	NO	YES	YES	YES	TO MAKE GLUTEN FREE: SUB GF BUN
KIMCHI FRIED RICE	YES	NO	YES	YES	NO	NO	YES	YES	YES	THIS ITEM IS GLUTEN FREE

The BANQUET

ALLERGY GUIDE

MENU ITEM



DAIRY FREE



EGG-FREE



GLUTEN-FREE



SESAME-FREE



SOY-FREE



FREE



MUSTARD



SEAFOOD-



PEANUT-FREE



SUBSTITUTION OPTIONS TO MAKE GLUTEN-FREE

SIRLOIN STEAK & EGGS	NO	NO	YES	YES	YES	NO	YES	YES	YES	THIS ITEM IS GLUTEN FREE
----------------------	----	----	-----	-----	-----	----	-----	-----	-----	--------------------------

* All fried products may contain one or all of the allergens identified in the Allergen Guide as fryer oil and the oven is a source of cross-contamination.

SWEET

APPLE CRISP	NO	YES	NO	YES	YES	YES	YES	YES	NO	THIS ITEM CANNOT BE MADE GLUTEN FREE
DEEP FRIED MARS BAR	NO	NO	NO	YES	NO	NO	YES	YES	NO	THIS ITEM CANNOT BE MADE GLUTEN FREE
TABLESIDE ICE CREAM	NO	NO	NO	YES	NO	NO	YES	YES	NO	TO MAKE GLUTEN FREE: USE SKOR & SMARTIES

* All fried products may contain one or all of the allergens identified in the Allergen Guide as fryer oil and the oven is a source of cross-contamination.

SAUCES & SEASONINGS

AU JUS	YES	YES	NO	YES	NO	NO	YES	YES	YES	THIS ITEM CANNOT BE MADE GLUTEN FREE
BASIL PISTOU	NO	YES	YES	YES	YES	YES	YES	YES	YES	THIS ITEM IS GLUTEN FREE
BIRRIA MARINADE	YES	YES	YES	YES	YES	NO	YES	YES	YES	THIS ITEM IS GLUTEN FREE
CAESAR DRESSING	NO	NO	YES	YES	YES	NO	NO	NO	YES	THIS ITEM IS GLUTEN FREE
CANADA RED	YES	YES	YES	YES	YES	NO	YES	YES	YES	THIS ITEM IS GLUTEN FREE
CHICKEN GRAVY	YES	YES	YES	YES	NO	NO	YES	YES	YES	THIS ITEM IS GLUTEN FREE
CHILI BUTTER	NO	YES	YES	YES	YES	NO	YES	YES	YES	THIS ITEM IS GLUTEN FREE
CHERRY TERIYAKI	YES	YES	YES	NO	NO	NO	YES	YES	YES	THIS ITEM IS GLUTEN FREE
CHIVE SOUR CREAM	NO	YES	YES	YES	YES	NO	YES	YES	YES	THIS ITEM IS GLUTEN FREE
COLESLAW DRESSING	YES	NO	YES	YES	YES	NO	NO	YES	YES	THIS ITEM IS GLUTEN FREE
DILL SAUCE	NO	NO	YES	YES	YES	YES	YES	YES	YES	THIS ITEM IS GLUTEN FREE
GARLIC BUTTER	NO	YES	YES	YES	YES	NO	YES	YES	YES	THIS ITEM IS GLUTEN FREE
GOCHUJANG MAYO	YES	NO	NO	YES	NO	NO	YES	NO	YES	THIS ITEM CANNOT BE MADE GLUTEN FREE
GUACAMOLE	YES	NO	YES	YES	YES	NO	YES	YES	YES	THIS ITEM IS GLUTEN FREE
HONEY GARLIC SAMBAL	YES	YES	YES	YES	YES	NO	YES	YES	YES	THIS ITEM IS GLUTEN FREE
HONEY HOT	YES	YES	YES	YES	YES	NO	YES	YES	YES	THIS ITEM IS GLUTEN FREE
HONEY VINAIGRETTE	NO	NO	YES	YES	YES	NO	YES	YES	NO	THIS ITEM IS GLUTEN FREE
HOT SAUCE	NO	YES	YES	YES	YES	NO	YES	YES	YES	THIS ITEM IS GLUTEN FREE
HUMMUS	YES	YES	YES	NO	YES	NO	YES	YES	NO	THIS ITEM IS GLUTEN FREE
JERK GLAZE	YES	YES	YES	YES	YES	NO	YES	YES	YES	THIS ITEM IS GLUTEN FREE
KOREAN BUFFALO	NO	YES	NO	YES	NO	NO	YES	YES	YES	THIS ITEM CANNOT BE MADE GLUTEN FREE
LEMON HARISSA SAUCE	NO	YES	YES	YES	YES	NO	YES	YES	YES	THIS ITEM IS GLUTEN FREE
MISO SAUCE	YES	NO	YES	NO	NO	NO	YES	YES	YES	THIS ITEM CANNOT BE MADE GLUTEN FREE
QUESO	NO	YES	YES	YES	YES	NO	YES	YES	YES	THIS ITEM IS GLUTEN FREE
ROASTED GARLIC MAYO	NO	NO	YES	YES	YES	NO	NO	YES	YES	THIS ITEM IS GLUTEN FREE
ROASTED GARLIC RANCH	NO	NO	NO	YES	YES	NO	YES	YES	YES	THIS ITEM CANNOT BE MADE GLUTEN FREE
SALSA	YES	YES	YES	YES	YES	NO	YES	YES	YES	THIS ITEM IS GLUTEN FREE
SHALLOT DEMI	YES	YES	YES	YES	YES	NO	NO	YES	YES	THIS ITEM IS GLUTEN FREE
MUSTARD	YES	YES	YES	YES	YES	NO	NO	YES	YES	THIS ITEM IS GLUTEN FREE
SESAME YOGURT	NO	YES	YES	NO	NO	NO	YES	YES	YES	THIS ITEM IS GLUTEN FREE
SHALLOT DEMI	NO	YES	NO	YES	YES	NO	YES	YES	YES	THIS ITEM CANNOT BE MADE GLUTEN FREE
SMOKED BBQ SAUCE	YES	YES	NO	YES	YES	NO	NO	YES	YES	THIS ITEM CANNOT BE MADE GLUTEN FREE
SOY MAPLE GLAZE	YES	YES	NO	NO	NO	NO	YES	YES	YES	THIS ITEM CANNOT BE MADE GLUTEN FREE
SPICY PLUM	YES	YES	NO	YES	NO	NO	YES	YES	YES	THIS ITEM CANNOT BE MADE GLUTEN FREE
STIR FRY SAUCE	YES	YES	NO	NO	NO	NO	YES	YES	YES	THIS ITEM IS GLUTEN FREE
TARTAR SAUCE	YES	NO	YES	YES	YES	NO	NO	YES	YES	THIS ITEM IS GLUTEN FREE
THOUSAND ISLAND	NO	NO	YES	YES	NO	NO	YES	YES	YES	THIS ITEM IS GLUTEN FREE
TOMATO SAUCE	NO	YES	YES	YES	YES	NO	YES	YES	YES	THIS ITEM IS GLUTEN FREE
TUNA TACO SAUCE	YES	YES	YES	NO	NO	NO	YES	NO	YES	THIS ITEM CANNOT BE MADE GLUTEN FREE
WHISKEY PEPPERCORN	NO	YES	NO	YES	NO	NO	YES	YES	NO	THIS ITEM CANNOT BE MADE GLUTEN FREE
WHITE BALSAMIC	YES	YES	YES	YES	YES	NO	YES	YES	YES	THIS ITEM IS GLUTEN FREE
VINAIGRETTE	NO	YES	YES	YES	YES	NO	YES	YES	YES	THIS ITEM IS GLUTEN FREE
WHITE SAUCE	NO	YES	YES	YES	NO	NO	YES	YES	YES	THIS ITEM IS GLUTEN FREE
YUM YUM SAUCE	NO	NO	YES	YES	NO	NO	YES	YES	YES	THIS ITEM IS GLUTEN FREE
BANQUET SEASONING	YES	YES	YES	YES	YES	NO	YES	YES	YES	THIS ITEM IS GLUTEN FREE
BBQ RUB	YES	YES	YES	YES	YES	NO	NO	YES	YES	THIS ITEM IS GLUTEN FREE
BRISKET RUB	YES	YES	YES	YES	YES	NO	NO	YES	YES	THIS ITEM IS GLUTEN FREE
FRANKS RED HOT RUB	YES	YES	YES	NO	YES	NO	NO	YES	YES	THIS ITEM IS GLUTEN FREE
KEY LIME CHILI	YES	YES	YES	YES	YES	NO	NO	YES	YES	THIS ITEM IS GLUTEN FREE
TAJIN	YES	YES	YES	YES	YES	NO	YES	YES	YES	THIS ITEM IS GLUTEN FREE
TOGARASHI	YES	YES	YES	NO	YES	NO	YES	NO	YES	THIS ITEM IS GLUTEN FREE

The BANQUET

ALLERGY GUIDE

**MENU
ITEM**



DAIRY FREE



EGG-FREE



GLUTEN-FREE



SESAME-FREE



SOY-FREE



SULFITES-FREE



MUSTARD-FREE



SEAFOOD-FREE



PEANUT-FREE



SUBSTITUTION OPTIONS TO MAKE
GLUTEN-FREE

* All fried products may contain one or all of the allergens identified in the Allergen Guide as fryer oil and the oven is a source of cross-contamination.

The BANQUET

ALLERGY GUIDE

MENU ITEM



DAIRY FREE

EGG-FREE

GLUTEN-FREE

SESAME-FREE

SOY-FREE

SULFITES-FREE

MUSTARD-FREE

SEAFOOD-FREE

PEANUT-FREE

SUBSTITUTION OPTIONS TO MAKE GLUTEN-FREE

EXTRAS

HANDMADE BBQ KETTLE	YES	YES	NO	NO	NO	YES	NO	NO	YES	TO MAKE GLUTEN FREE: USE GF FRYER
BEYOND MEAT BURGER	YES	YES	YES	YES	YES	NO	YES	YES	YES	THIS ITEM IS GLUTEN FREE
CHEESE CURD MASHED POTATOES	NO	YES	YES	YES	NO	YES	YES	YES	YES	CROSS-CONTAMINATION CAN HAPPEN WITH EGGS & MUSTARD
CHILLI GARLIC	NO	YES	YES	NO	NO	NO	YES	NO	YES	CROSS-CONTAMINATION IN THE PIZZA OVEN
CRISPY GOLDEN FRIES	YES	YES	NO	NO	NO	YES	YES	NO	YES	CROSS-CONTAMINATION IN THE FRYER
ONION RINGS	NO	NO	NO	NO	NO	NO	YES	NO	YES	CROSS-CONTAMINATION IN THE FRYER

* All fried products may contain one or all of the allergens identified in the Allergen Guide as fryer oil and the oven is a source of cross-contamination.

FEATURE MENU

BQT SMASH TACOS	NO	NO	NO	YES	YES	NO	NO	YES	YES	THIS ITEM CANNOT BE MADE GLUTEN FREE
DIVE BAR CHOP SALAD	NO	NO	YES	YES	YES	NO	NO	YES	YES	THIS ITEM IS GLUTEN FREE
HICKORY SMOKED PULLED PORK SANDWICH	NO	NO	NO	YES	YES	NO	NO	YES	YES	TO MAKE GLUTEN FREE: SUB GF BUN AND REMOVE CRISPY JALAPEÑOS
KUNG PAO CHICKEN	YES	YES	NO	NO	NO	NO	YES	YES	NO	THIS ITEM CANNOT BE MADE GLUTEN FREE
S&S CHICKEN FINGERS	YES	YES	NO	NO	NO	NO	YES	YES	YES	THIS ITEM CANNOT BE MADE GLUTEN FREE

FOOD ALLERGY CAUTION! All fried products may contain one or all of the allergens identified in the Allergen Guide as the fryer oil and the oven are a source of cross-contamination.

The safety and satisfaction of our Guests is our highest priority. To help you make more informed choices we created an Allergen Guide with symbols to indicate the presence of allergens in menu items. However, as in all non-dedicated kitchens, there is the possibility of cross-contamination between food items.

Occasional variations in recipes or product formulations can also occur and there is risk of cross-contamination of ingredients at the manufacturing site.

If your allergy or intolerance is mild, please use this Guide to make your selection. The BANQUET DIVE BAR (including its affiliates, partnerships and franchises) assumes no liability as a result of food related reactions.

The BANQUET

ALLERGY GUIDE

MENU
ITEM



DAIRY FREE



EGG-FREE



GLUTEN-FREE



SESAME-FREE



SOY-FREE



SULPHITES-FREE



MUSTARD-FREE



SEAFOOD-FREE



PEANUT-FREE



SUBSTITUTION OPTIONS TO MAKE
GLUTEN-FREE

FEATURE
MENU

MENU ITEM	DAIRY FREE	EGG-FREE	GLUTEN-FREE	SESAME-FREE	SOY-FREE	SULPHITES-FREE	MUSTARD-FREE	SEAFOOD-FREE	PEANUT-FREE	SUBSTITUTION OPTIONS TO MAKE GLUTEN-FREE
HARRISSA CHICKEN SKEWERS	NO	NO	NO	NO	YES	YES	YES	YES	YES	This item can be made dairy free and gluten-free
CRISPY JALAPEÑO POPPER	NO	NO	NO	NO	NO	YES	YES	NO	YES	This Item CANNOT be made gluten-free.
TUNA NICOISE SALAD	YES	NO	YES	YES	YES	YES	YES	NO	YES	This item is gluten-free